

RAS HWYL CWRTNEWYDD FUN RUN

Monday 5th May 2008 at Cwrtnewydd School nr. Llanybydder

1500 metres - Primary School Children at 12.45 p.m.

3000 meters - Girls & Boys under 16 yrs at 1.00 p.m.

4 Miles - Open at 1.30 p.m.



ENTRY FORM

Name.....

Address.....

Age on day of race.....Male / Female.....Club.....

W.A. No.....Tel No.....

Entry Fees: Open - **Affiliated** runners £4.00; **Unaffiliated** runners £5.00;
under 16yrs £2.00; Primary School £2.00; Please make cheques payable to **Cwrtnewydd School**

Entries to : L. Rees, Tanrhos, Cwrtnewydd, Llanybydder, Ceredigion, SA40 9YN.

Tel: Cwrtnewydd (01570) 434244. Numbers to be collected on the day.

Please tick appropriate.

1. Primary School Girls

2. Primary School Boys

3. Girls under 16yrs

4. Boys under 16yrs

5. Female 16yrs - 34yrs

6. Male 16yrs - 39yrs

7. Female 35yrs - 44yrs

8. Male 40yrs - 49yrs

9. Female 45yrs & over

10. Male 50yrs & over

11. Adult team of 4 runners (All 4 finishing position to count)

PRIZES

1st 2nd & 3rd for classes 1 - 4 & medal for completing the course

1st & 2nd for classes 5 - 10

1st for class 11

Extra prizes will be awarded to first three girls and boys of Cwrtnewydd School that have not won a prize in the main race.

I hereby agree that the organisers shall not be liable for any accidents, injury, loss or damage sustained by me as consequence of my participation in the Cwrtnewydd Fun Run.

Signed.....

If under 17yrs on Race Day, signature of Parent / Guardian is required.

Signed.....